

## Menu and Prices from February 2009

**An annual membership fee\* of 60 euros will able you to benefit from our package prices, singles and promos. The renewal is 25 euros.**  
*Packages are non-refundable but exchangeable for other goods and services. All pkgs are valid for a period of 6 months.*

<b>Pilates on machines &amp; Gyrotonic</b>		<b>Price</b>
Reformer / Chair & Barrel	single.....	40 €
	* single.....	38 €
	* By 5 (valid 3 months) .....	180 €
	* By 10 (valid 6 months) .....	360 €
	* 3 months package (once a week) .....	420 €
Private Class / Gyrotonic	single .....	80 €
	* single .....	75 €
	* By 5 (valid 3 months) .....	360 €
	* By 10 (valid 6 months) .....	720 €
Duos	single .....	55 € / pers
	* single.....	52 € / pers
	* By 5 (valid 3 months) .....	250 €
	* By 10 (valid 6 months) .....	500 €
Pilates Solo	single .....	22 €
	* By 10 (valid 6 months) .....	200 €

\* For members only

### Mat Classes

Pilates 1h / Yoga 1h30	single .....	30 €
	* single .....	28 €
	* By 5 (valid 3 months) .....	135 €
	* By 10 (valid 6 months) .....	270 €
	* 3 months package (once a week).....	315 €
	* Unlimited Mat Classes (valid 1 month).....	400 €
Student Special Rate (-25)	single .....	22 €

\* For members only

### Massages

Shiatsu - Ayurvédique - Meridian - Oriental - Swedish - Californian  
 Réflexologie Plantaire - Reiki - Pregnant Women - Hot Stones

	<b>1hr massage .....</b>	<b>85 €</b>	
	<b>By 5 (valid 3 months) .....</b>	<b>400 €</b>	
	<b>By 10 (valid 6 months).....</b>	<b>800 €</b>	
	<b>1hr15 massage minutes.....</b>	<b>95 €</b>	
	<b>By 5 (valid 3 months) .....</b>	<b>450 €</b>	
	<b>By 10 (valid 6 months).....</b>	<b>900 €</b>	
	<b>1hr30 massage.....</b>	<b>105 €</b>	
	<b>By 5 (valid 3 months) .....</b>	<b>500 €</b>	
	<b>By 10 (valid 6 months).....</b>	<b>1 000 €</b>	
	Hot Stones	1hr 30 minutes.....	120 €
		By 5 (valid 3 months) .....	575 €
		By 10 (valid 6 months).....	1 150 €
Reiki	1hr.....	70 €	

### Special Offer

two mat classes	+ 1hr massage	130 €
-----------------	---------------	-------